



**EVEREST TRAIL RACE 2019**  
**by The Elements Pure Coconut Water**  
**Run Ranking 3 - PUNGMUCHE - KHARIKHOLA - 30 km**  
**Total Climb 5.396 m.**

Rank	Bib.	Name	Gender	Category	Nation	Team	Time	Gap
<b>Men</b>								
1	53	KULUNG RAI Suman	Men	GENERAL MASC			3h49:53	
2	51	SMEDSROD Hans K.	Men	GENERAL MASC			4h15:58	26:05
3	39	MORALES Gerard	Men	GENERAL MASC		THE ELEMENTS I	4h17:46	27:53
4	22	GARAU Pere Lluis	Men	GENERAL MASC		MALLORCADOCS	4h47:46	57:53
4	21	COLL Toni	Men	GENERAL MASC		MALLORCADOCS	4h47:46	57:53
6	50	HERAS Miguel Angel	Men	GENERAL MASC			5h07:30	1h17:37
7	23	ESPERT Antoni	Men	GENERAL MASC		MALLORCADOCS	5h16:24	1h26:31
8	15	FERRE Oriol	Men	GENERAL MASC			5h30:42	1h40:49
9	17	GAJA Nil	Men	GENERAL MASC			5h46:37	1h56:44
10	52	SHERPA Passang	Men	GENERAL MASC			6h02:46	2h12:53
11	35	VILLARIAS Diego	Men	GENERAL MASC			6h09:18	2h19:25
12	14	CLEMINSON Graham	Men	VET MASC 1			6h39:47	2h49:54
13	25	ELLIOT Charlie	Men	VET MASC 1			6h39:49	2h49:56
14	46	CANET Salvador	Men	VET MASC 1			6h46:58	2h57:05
15	9	FERRER Miquel Angel	Men	VET MASC 1			6h47:11	2h57:18
16	43	GONZALEZ Manuel Jesus	Men	GENERAL MASC			6h54:04	3h04:11
17	27	GIL Jordi	Men	GENERAL MASC		THE ELEMENTS II	6h55:44	3h05:51
18	4	PUJOL Marc	Men	GENERAL MASC		THE ELEMENTS II	6h55:45	3h05:52
19	30	FERRERO Juan Ricardo	Men	VET MASC 1		LOS PEREGRINOS ARGENTINOS	7h16:09	3h26:16
20	32	MEDINA Angel Maria	Men	GENERAL MASC			7h21:09	3h31:16
21	5	SALA Esteve	Men	VET MASC 2		QBQSTM	7h26:48	3h36:55
22	2	TORRENTS Oleguer	Men	GENERAL MASC		THE ELEMENTS II	7h36:11	3h46:18
23	18	LARRAÑAGA Juan Jose	Men	VET MASC 1			7h42:18	3h52:25
24	10	HAISER Roland	Men	VET MASC 1			7h48:34	3h58:41
25	49	VICQ François-Xavier	Men	GENERAL MASC			8h35:34	4h45:41
26	38	SHEDEK Adam	Men	GENERAL MASC			9h30:37	5h40:44

**Women**

1	3	COMET Anna	Women	GENERAL FEM		THE ELEMENTS I	4h41:54	
2	1	VILASECA Manuela	Women	GENERAL FEM		THE ELEMENTS I	5h17:29	35:35
3	47	DOMINGUEZ Nuria	Women	GENERAL FEM			5h28:43	46:49
4	31	LENDINEZ Ainhoa	Women	GENERAL FEM			6h23:04	1h41:10
5	55	KUMARI KRISHNA	Women	GENERAL FEM			6h50:03	2h08:09
6	45	ARQUE Eulalia	Women	VET FEM 1		QBQSTM	7h26:48	2h44:54
7	37	GATON Mercedes	Women	GENERAL FEM			8h18:06	3h36:12
8	19	DEL CID Rita Roxana	Women	GENERAL FEM			8h24:15	3h42:21
9	56	THANH VU	Women	GENERAL FEM			9h43:52	5h01:58
10	26	HANNACHI Nihad	Women	GENERAL FEM			9h44:38	5h02:44
11	8	HOLFORD Nora	Women	VET FEM 1			10h03:33	5h21:39
12	7	BAKER Katie	Women	GENERAL FEM			10h09:16	5h27:22