



EVEREST TRAIL RACE 2019
by The Elements Pure Coconut Water
Run Ranking 4 - KHARIKHOLA - PHAKDING - 27,5 km
Total Climb 4.330 m.

Rank	Bib.	Name	Gender	Category	Nation	Team	Time	Gap
Men								
1	53	KULUNG RAI Suman	Men	GENERAL MASC			3h32:20	
2	39	MORALES Gerard	Men	GENERAL MASC		THE ELEMENTS I	3h56:04	23:44
3	51	SMEDSROD Hans K.	Men	GENERAL MASC			4h10:50	38:30
4	50	HERAS Miguel Angel	Men	GENERAL MASC			4h26:03	53:43
5	22	GARAU Pere Lluis	Men	GENERAL MASC		MALLORCADOCS	4h26:05	53:45
6	21	COLL Toni	Men	GENERAL MASC		MALLORCADOCS	4h26:06	53:46
7	23	ESPERT Antoni	Men	GENERAL MASC		MALLORCADOCS	4h41:56	1h09:36
8	15	FERRE Oriol	Men	GENERAL MASC			4h44:09	1h11:49
9	17	GAJA Nil	Men	GENERAL MASC			4h59:52	1h27:32
10	4	PUJOL Marc	Men	GENERAL MASC		THE ELEMENTS II	5h24:14	1h51:54
11	25	ELLIOT Charlie	Men	VET MASC 1			5h28:02	1h55:42
11	14	CLEMINSON Graham	Men	VET MASC 1			5h28:02	1h55:42
13	9	FERRER Miquel Angel	Men	VET MASC 1			5h28:19	1h55:59
14	35	VILLARIAS Diego	Men	GENERAL MASC			5h33:42	2h01:22
15	30	FERRERO Juan Ricardo	Men	VET MASC 1		LOS PEREGRINOS ARGENTINOS	5h50:30	2h18:10
16	52	SHERPA Passang	Men	GENERAL MASC			6h15:20	2h43:00
17	43	GONZALEZ Manuel Jesus	Men	GENERAL MASC			6h16:18	2h43:58
18	2	TORRENTS Oleguer	Men	GENERAL MASC		THE ELEMENTS II	6h25:50	2h53:30
19	46	CANET Salvador	Men	VET MASC 1			6h29:57	2h57:37
20	32	MEDINA Angel Maria	Men	GENERAL MASC			6h29:58	2h57:38
21	10	HAISER Roland	Men	VET MASC 1			6h37:28	3h05:08
22	38	SHEDEK Adam	Men	GENERAL MASC			6h53:04	3h20:44
23	5	SALA Esteve	Men	VET MASC 2		QBQSTM	7h08:06	3h35:46
24	27	GIL Jordi	Men	GENERAL MASC		THE ELEMENTS II	7h08:48	3h36:28
25	49	VICQ François-Xavier	Men	GENERAL MASC			7h13:43	3h41:23
25	18	LARRAÑAGA Juan Jose	Men	VET MASC 1			7h13:43	3h41:23

Women

1	3	COMET Anna	Women	GENERAL FEM		THE ELEMENTS I	4h13:09	
2	1	VILASECA Manuela	Women	GENERAL FEM		THE ELEMENTS I	4h44:09	31:00
3	47	DOMINGUEZ Nuria	Women	GENERAL FEM			4h59:52	46:43
4	31	LENDINEZ Ainhoa	Women	GENERAL FEM			5h28:05	1h14:56
5	55	KUMARI KRISHNA	Women	GENERAL FEM			6h20:37	2h07:28
6	19	DEL CID Rita Roxana	Women	GENERAL FEM			6h25:37	2h12:28
7	26	HANNACHI Nihad	Women	GENERAL FEM			6h35:17	2h22:08
8	37	GATON Mercedes	Women	GENERAL FEM			6h53:51	2h40:42
9	45	ARQUE Eulalia	Women	VET FEM 1		QBQSTM	7h08:07	2h54:58
10	56	THANH VU	Women	GENERAL FEM			8h03:33	3h50:24
11	8	HOLFORD Nora	Women	VET FEM 1			8h35:26	4h22:17
12	7	BAKER Katie	Women	GENERAL FEM			8h55:34	4h42:25