



**EVEREST TRAIL RACE 2019**  
**by The Elements Pure Coconut Water**  
**Run Ranking 6 - TYANGBOCHE - LUKLA - 29 km**  
**Total Climb 4.572 m.**

Rank	Bib.	Name	Gender	Category	Nation	Team	Time	Gap
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### GENERAL WOMEN

1	3	COMET Anna	Women	GENERAL FEM		THE ELEMENTS I	3h45:33	
2	1	VILASECA Manuela	Women	GENERAL FEM		THE ELEMENTS I	4h10:45	25:12
3	47	DOMINGUEZ Nuria	Women	GENERAL FEM			4h19:22	33:49
4	31	LENDINEZ Ainhoa	Women	GENERAL FEM			4h45:19	59:46
5	55	KUMARI KRISHNA	Women	GENERAL FEM			5h19:00	1h33:27
6	45	ARQUE Eulalia	Women	VET FEM 1		QBQSTM	5h51:16	2h05:43
7	37	GATON Mercedes	Women	GENERAL FEM			5h51:34	2h06:01
8	26	HANNACHI Nihad	Women	GENERAL FEM			5h59:38	2h14:05
9	56	THANH VU	Women	GENERAL FEM			7h28:14	3h42:41
10	19	DEL CID Rita Roxana	Women	GENERAL FEM			7h28:50	3h43:17
11	8	HOLFORD Nora	Women	VET FEM 1			7h36:52	3h51:19
11	7	BAKER Katie	Women	GENERAL FEM			7h36:52	3h51:19

### GENERAL MASC

1	53	KULUNG RAI Suman	Men	GENERAL MASC			2h46:25	
2	51	KUMAR Hans K.	Men	GENERAL MASC			3h01:24	14:59
3	50	HERAS Miguel Angel	Men	GENERAL MASC			3h06:39	20:14
3	39	MORALES Gerard	Men	GENERAL MASC		THE ELEMENTS I	3h06:39	20:14
5	22	GARAU Pere Lluís	Men	GENERAL MASC		MALLORCADOCS	3h36:50	50:25
5	21	COLL Toni	Men	GENERAL MASC		MALLORCADOCS	3h36:50	50:25
7	23	ESPERT Antoni	Men	GENERAL MASC		MALLORCADOCS	3h36:51	50:26
8	15	FERRE Oriol	Men	GENERAL MASC			3h45:25	59:00
9	17	GAJA Nil	Men	GENERAL MASC			3h48:43	1h02:18
10	43	GONZALEZ Manuel Jesus	Men	GENERAL MASC			4h11:17	1h24:52
11	52	SHERPA Passang	Men	GENERAL MASC			4h17:56	1h31:31
12	4	PUJOL Marc	Men	GENERAL MASC		THE ELEMENTS II	4h31:51	1h45:26
13	35	VILLARIAS Diego	Men	GENERAL MASC			4h35:43	1h49:18
14	38	SHEDEK Adam	Men	GENERAL MASC			5h00:59	2h14:34
15	32	MEDINA Angel Maria	Men	GENERAL MASC			5h08:51	2h22:26
16	2	TORRENTS Oleguer	Men	GENERAL MASC		THE ELEMENTS II	5h22:34	2h36:09
17	27	GIL Jordi	Men	GENERAL MASC		THE ELEMENTS II	5h54:59	3h08:34
18	49	VICQ François-Xavier	Men	GENERAL MASC			6h00:18	3h13:53

### VET MEN

1	14	CLEMINSON Graham	Men	VET MASC 1			4h23:20	
2	25	ELLIOT Charlie	Men	VET MASC 1			4h27:17	3:57
3	30	FERRERO Juan Ricardo	Men	VET MASC 1		LOS PEREGRINOS ARGENTINOS	4h37:15	13:55
4	10	HAISER Roland	Men	VET MASC 1			4h59:27	36:07
5	46	CANET Salvador	Men	VET MASC 1			5h09:28	46:08
6	18	LARRAÑAGA Juan Jose	Men	VET MASC 1			5h15:37	52:17
7	9	FERRER Miquel Angel	Men	VET MASC 1			5h29:09	1h05:49
8	5	SALA Esteve	Men	VET MASC 2		QBQSTM	5h51:15	1h27:55



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