PERE AURELL STAGES A SPECTACULAR COMEBACK TO SNATCH VICTORY FROM MILAN KULUNG IN THE QUEEN STAGE OF THE EVEREST TRAIL RACE BY TUGA

STAGE 3 | Ringmo - Kharikhola | 28.30 km | +2,028 m / -2,799 m (4,827 m cumulative elevation)

Epic comeback by Pere Aurell in the Queen Stage of the Everest Trail Race by Tuga.

The Catalan runner erases a deficit of more than four minutes in the final five kilometers between Ringmo and Kharikhola to defeat Nepal's **Milan Kulung**. **Ang Furba Sherpa** dominates the women's category with an authoritative display.

Maximum intensity dictated the script right from the starting gun in Ringmo. The leading pack set a blistering pace to tackle a gruelling 28.30-kilometer course featuring 4,827 meters of cumulative elevation gain and loss (+2,028 m / -2,799 m), where highly technical descents threatened to take a heavy toll on the contenders' legs.

In the early stages, the Spanish contingent seized the initiative. **Ricardo Cherta** reached the first checkpoint solo, holding a one-minute buffer over **Pere Aurell** and **Abel Carretero**, while **Milan Kulung** tracked closely behind in fourth place. However, terrain tailor-made for local specialists soon shifted the race dynamic. Kulung unleashed his full potential on the steep Himalayan descents, carving out a gap that looked insurmountable. By the second checkpoint (CP2), the Nepalese runner held a lead of over four minutes on **Aurell**, with **Cherta** and **Carretero** trailing by seven and twenty minutes, respectively.

Just when victory seemed sealed, **Pere Aurell** stepped up. With five kilometers remaining to the finish line in Kharikhola, the route held one final sting: a punishing 500-meter vertical climb. The Catalan athlete shifted gears, tapped into his climbing strength, and began clawing back seconds with every stride. He not only wiped out **Kulung's** four-minute cushion, but surged past him with authority to cross the finish line first, beating his rival—who paid the price for his downhill efforts—by 1 minute and 30 seconds. This triumph keeps a thrilling head-to-head battle wide open heading into the final stages.

Ang Furba Sherpa Remains Unrivaled

In the women's field, the race remains a one-woman show led by **Ang Furba Sherpa**. The Nepalese runner laid down the law once again with a dominant performance from start to finish. Leaving her pursuers with no chance, she crossed the finish line in Kharikhola nearly an hour ahead of compatriot **Sonima Sherpa**, who secured the runner-up spot once more. With this victory, **Ang Furba Sherpa** cements her absolute supremacy at the halfway mark of the race.